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|------|-------|--------|-------------------------------|-----|--------|-----------------|
| Last | First | Middle | Birth Date Month/Day/ Year | Sex | School | Grade Level/ ID |
|------|-------|--------|-------------------------------|-----|--------|-----------------|

HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER

| ALLERGIES (Food, drug, insect, other) | Yes | No | List: | MEDICATION (Prescribed or taken on a regular basis.) | Yes | No | List: |
|---|-----|----|--------|--|------|----|--|
| Diagnosis of asthma? | | | Yes No | Loss of function of one of paired organs? (eye/ear/kidney/testicle) | | | Yes No |
| Child wakes during night coughing? | | | Yes No | Hospitalizations? When? What for? | | | Yes No |
| Birth defects? | | | Yes No | Surgery? (List all.) When? What for? | | | Yes No |
| Developmental delay? | | | Yes No | Serious injury or illness? | | | Yes No |
| Blood disorders? Hemophilia, Sickle Cell, Other? Explain. | | | Yes No | TB skin test positive (past/present)? | Yes* | No | *If yes, refer to local health department. |
| Diabetes? | | | Yes No | TB disease (past or present)? | Yes* | No | |
| Head injury/Concussion/Passed out? | | | Yes No | Tobacco use (type, frequency)? | | | Yes No |
| Seizures? What are they like? | | | Yes No | Alcohol/Drug use? | | | Yes No |
| Heart problem/Shortness of breath? | | | Yes No | Family history of sudden death before age 50? (Cause?) | Yes | No | |
| Heart murmur/High blood pressure? | | | Yes No | Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate <input type="checkbox"/> Other | | | |
| Dizziness or chest pain with exercise? | | | Yes No | Information may be shared with appropriate personnel for health and educational purposes. | | | |
| Eye/Vision problems? <input type="checkbox"/> Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor <input type="checkbox"/> | | | | Parent/Guardian Signature | | | Date |
| Other concerns? (crossed eye, drooping lids, squinting, difficulty reading) | | | | | | | |
| Ear/Hearing problems? | | | Yes No | | | | |
| Bone/Joint problem/injury/scoliosis? | | | Yes No | | | | |

PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA

HEAD CIRCUMFERENCE if < 2-3 years old HEIGHT WEIGHT BMI B/P

DIABETES SCREENING (NOT REQUIRED FOR DAY CARE) BMI>85% age/sex Yes No And any two of the following: Family History Yes No
 Ethnic Minority Yes No Signs of Insulin Resistance (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes No At Risk Yes No

LEAD RISK QUESTIONNAIRE: Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)

Questionnaire Administered? Yes No Blood Test Indicated? Yes No Blood Test Date Result

TB SKIN OR BLOOD TEST Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm.

No test needed Test performed Skin Test: Date Read / / Result: Positive Negative mm _____
 Blood Test: Date Reported / / Result: Positive Negative Value _____

| LAB TESTS (Recommended) | Date | Results | Date | Results |
|--------------------------|------|---------|------|------------------------------|
| Hemoglobin or Hematocrit | | | | Sickle Cell (when indicated) |
| Urinalysis | | | | Developmental Screening Tool |

| SYSTEM REVIEW | Normal | Comments/Follow-up/Needs | Normal | Comments/Follow-up/Needs |
|--|--------|--|--------|--------------------------|
| Skin | | | | Endocrine |
| Ears | | Screening Result: | | Gastrointestinal |
| Eyes | | Screening Result: | | Genito-Urinary |
| Nose | | | | Neurological |
| Throat | | | | Musculoskeletal |
| Mouth/Dental | | | | Spinal Exam |
| Cardiovascular/HTN | | | | Nutritional status |
| Respiratory | | <input type="checkbox"/> Diagnosis of Asthma | | Mental Health |
| Currently Prescribed Asthma Medication: <input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist) <input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid) | | | | Other |

NEEDS/MODIFICATIONS required in the school setting **DIETARY** Needs/Restrictions

SPECIAL INSTRUCTIONS/DEVICES e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup

MENTAL HEALTH/OTHER Is there anything else the school should know about this student?
 If you would like to discuss this student's health with school or school health personnel, check title: Nurse Teacher Counselor Principal

EMERGENCY ACTION needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?
 Yes No If yes, please describe.

On the basis of the examination on this day, I approve this child's participation in _____ (If No or Modified please attach explanation.)
PHYSICAL EDUCATION Yes No Modified **INTERSCHOLASTIC SPORTS** Yes No Modified

Print Name _____ (MD,DO, APN, PA) Signature _____ Date _____
 Address _____ Phone _____